



RELIEF! At Work Corporate Wellness Program

Relief! Chiropractic's corporate wellness program brings **affordable chiropractic care** to your office increasing company morale and efficiency while saving the company money.

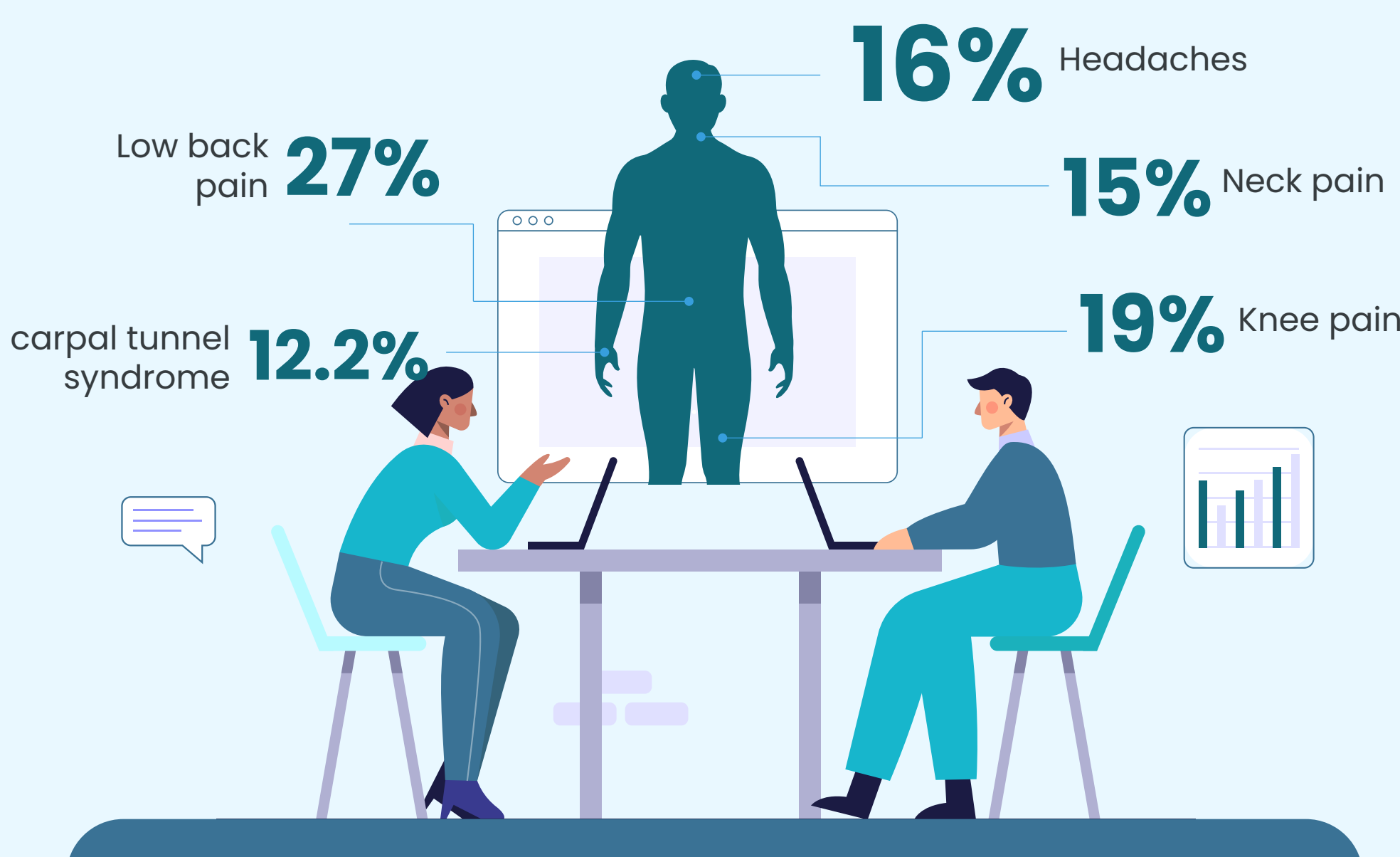
40%

of U.S. companies have or are considering some type of on-site health clinic.

66%

of large companies plan to expand their on-site offerings beyond primary care.

MOST COMMON PAIN CONDITIONS IN THE UNITED STATES



MOST COMMON CONDITIONS TREATED BY CHIROPRACTORS

- Low back pain
- Neck pain
- Knee pain
- Headaches
- Carpal tunnel syndrome

PROBLEMS WITH OPIATE USE FOR PAIN

#1 CAUSE

2 million workers suffer work-related musculoskeletal disorders every year.

600,000

Workers lose time from work as a result

but opioids are **highly addictive** and have potential adverse effects long term.

130 PEOPLE DIE EVERY DAY

in US from opioid-related drug overdoses

10 MILLION

people misused prescription opioids in 2018 alone

80% OF PEOPLE

 who use heroin first misused prescription opioids

PAIN SIGNIFICANTLY INCREASES PRODUCTIVITY COSTS

\$11.6 BILLION TO \$12.7 BILLION

a year for pain-related absenteeism

\$46.9 BILLION

annual employer costs for pain-related presenteeism

21%

of a salary to hire and train a new worker if pain causes an employee to leave the job

OUR RELIEF! AT WORK PROGRAM CAN REDUCE COMPANY COSTS

Wellness initiatives give employers a healthy ROI

26%

reduction in **health costs**

30%

reduction in workers comp and disability management **claims**

28%

reduction in **sick days**

When chiropractors are the **first line of defense**

for pain management, patients avoid painkillers and invasive surgeries with long recovery periods. In one study:

42.7%

of patients who consulted a surgeon first had surgery

1.5%

of patients who consulted a chiropractor first had surgery

People who use on-site chiropractic care have fewer health-care visits overall.

21.5 VISITS

visits for on-site clinics

37.3 VISITS

visits for off-site health care

Relief! at Work can also save on costs for :



Unnecessary exams

Lab work

Exploratory procedures

Ambulatory services

Emergency room visits

Job Satisfaction and Morale Also Increase

Workers who participate in employer-sponsored health initiatives are overall more content, more productive, and less likely to search for jobs elsewhere.



6% less attrition

in companies with effective wellness programs (**9% vs. 15%**).



70% of employees

would participate in a workplace wellness program.



89% of those who

participate say the programs improved their overall happiness and well-being.



It is much easier to treat injuries proactively than reactively. Onsite chiropractic can uncover injuries before they become serious.

A mild back sprain can turn into a lumbar surgery.

Some on-site clinics have even returned a **\$4 cost savings for every \$1 invested** in on-site care; others have benefitted from a 63 percent reduction in workplace injuries after implementation.

To find out if Relief! Chiropractic can help your business:

Call us at: 215-337-3997